

Peregrine Information Sheet

The Peregrine Club is an incorporated Association, affiliated with *Bushwalking Victoria (BWV)*, which aims to encourage and support its members in active pursuits, as they discover, enjoy and respect the outdoors in the company of friends. Members are encouraged to participate in the planning and leading of activities.

Members share their skills; knowledge and the management of the Club, but all members are ultimately responsible for their own safety during activities. Members should be familiar with the Vic Walk (now BWV) *Walksafe PDF*, a guideline for safe and responsible bush walking. Read/Download from https://bushwalkingvictoria.org.au/files/walksafe_booklet.pdf

1) **Committee of Management (CoM):** The CoM is responsible for the day to day management of the Club. The current members are:

President: Wendy Davies

Vice-President: Pam Horton

Secretary: David Laing

Treasurer: Annie Johns

Weekly walks Coordinator: Anki Sanderson

Other Activities Coordinator: Lynne Kruss

Committee: Anne Hicks, Wendy DeSalvo, Allen Archbold

2) **Fees:** **Joining Fee** is \$10.00, and **Annual Membership Fee** is \$35.00, due on 1st June payable to the Treasurer. Current Club policy provides for a 50% reduction of the first years membership fee for new members joining between 31st December and 1st June

3) **Insurance:** Members are covered by a personal accident and public liability insurance policy that the club accesses through our affiliation with Bushwalking Victoria. This policy currently covers participants up to the age of 90 years. Members must sign an Activity Registration Book before the start of each activity. An ambulance will be called if the First Aider or walk leader considers this appropriate, it is therefore advisable that all members have ambulance cover.

4) **Programs and Newsletters:** Members receive updated soft copies of Club activities programs, members Contact list and fuel donation spreadsheets as they are amended and a yearly BWV membership card. A Club Newsletter is produced quarterly.

Current editor is Anne Hicks. Contributions from members are very welcome – deadlines are advised.

5) **Meetings:** The AGM. is held usually in early June each year. Committee of Management (CoM) meetings are held every two months throughout the year. Club members may list items for consideration by the CoM, through the President or Secretary at any time. A bulletin is issued to all members following each CoM meeting.

There are two planning committees:

[1] **Weekly walks:**

[2] **Other Activities:**

(back packing, cycling, canoeing, orienteering, overnight camps etc).

Notice of meeting times and place for both Planning Committees are advised, all members are welcome

6) **Communication to Members:** Communications to members is usually through email to the address in the Contact list. Please check the Contact list to ensure your address is correct. If you have any difficulty in receiving or opening any email please contact the sender direct. The Club Policy is that all emails related to the Peregrine Club shall have the word "Peregrine" in the Subject, followed by the subject of the email.

The Contact List is provided to all members solely for the communication of Peregrine Club information.

The list must not be forwarded to any non Peregrine member or used for any non club purposes.

7) **What to Take on an Activity:** (also refer Vic Walk (BWV) *Walksafe* booklet) at https://bushwalkingvictoria.org.au/files/walksafe_booklet.pdf

a) **Tuesday Walks.**

The length of walks varies, but averages 12-16kms. Morning tea and lunch en route add to the fun.

Clothing: Boots/shoes – need to be flat, comfortable, and well broken in with appropriate socks.

Jeans are not suitable for bush walking.

Equipment: What you need in your day pack (lined with strong plastic bag to keep contents dry).

1. Water – a minimum of 1 litre is recommended.
2. Gear for inclement weather must be carried [hat, gloves, waterproof jacket, overpants].
3. Sunscreen, sun-hat etc.
4. Personal First Aid Kit – triangular bandage, elastic bandage, 1 wound dressing, assorted strips [bandaids etc], antiseptic, Panadol [or similar], moleskin [or similar blister kit], insect repellent, salt (for Leeches), matches, tweezers. Personal medication should have instructions.
5. Completed Medical Information Form (form 2), to be carried in outer pocket of pack & kept updated.
6. A whistle, pencil and paper.
7. Provisions for morning tea and lunch. Some members carry a thermos.
8. A piece of plastic to sit on at food breaks.
9. Money for after walk coffee – just in case! And for transport, see below.

b) **Other Activities**

As for day walks [above] plus. The leader of each activity will provide a list of requirements.

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- 8) **Total Fire Ban:** Club policy requires that any activity will be cancelled when a total fire ban is declared in the Central district and/or in the district in which the activity is to occur.
- 9) **Transport:** Car pooling is recommended wherever practical. It is the Club practice that the operating cost be shared between passengers. The suggested contributions are amended from time to time to reflect changes in fuel and other costs: The suggested contributions are published as part of the club P&P document and a copy is held in the walks sign on book.
The Clubs policy for car convoy is to follow the car of walk leader and keep the car following in view.
- 10) **Minimum group size:** A minimum of four (4) participants is required for an official club activity.
- 11) **Participants' Responsibilities:** All participants have a responsibility for their own safety. By following these few simple procedures members will contribute to the safety and enjoyment of the whole group.
- Read the description and grading of the activity and check that the activity is within your capability. If in doubt about the terrain or distance check with the Leader.
 - Arrive at the meeting place early and be ready to leave at the designated time.
 - Bring food, water and equipment as appropriate for the activity, and personal first aid kit.
 - Carry a completed Medical Form in an outside pocket of the pack and keep it updated.
 - Advise the activity Leader if you are taking any medication or have any physical or other limitation that could affect your participation in the activity. During the activity advise the leader if you feel unwell or cannot cope.
 - Follow the instructions of the Leader and remain with the group during the activity. Stop at all track/road junctions or intersections, and road crossings, and wait for instructions from the Leader.
 - Irrespective of where you are in the group, ensure that you can see the person behind you (& vice versa).
 - The Whip (Co Leader) is there to assist slower group members and to ensure that nobody is left behind. If you need to leave the track for any reason, inform the Leader or Whip and leave your pack on the track.
 - Take care of the environment – take nothing but photos and leave only footprints. Carry out your own rubbish, including apple cores, orange peel etc. No pets allowed on walks.
- 12) **Procedure for introducing Non Members to Club Activities:** The CoM has the responsibility to ensure that each participant has the capability, competency, and appropriate gear/equipment to participate in a club activity. As a courtesy, three (3) days notice would be appreciated by a non-member wanting to take part in a club activity. The non-member must first contact the Secretary or nominated member of the Committee, who will ensure that the non member:
- Has the competency and capability to carry out the activity;
 - Has been fully informed of the nature of the activity including the description, duration and grading:
 - Has been provided with the club information sheet and fully understands what to bring and wear.
 - Has been provided with, and completed, the Medical Form prior to the activity.
 - Has been provided with, and completed, the Acknowledgment of Risk and Obligations prior to the activity:
 - Has been registered as Temporary Member of the club.
 - The meeting place and time for the Activity.
 - The Committee representative will also advise the Activity Leader.
- 13) **Participation by Non Members:** A Club Activity is defined as a club organised activity for which each participant is required to sign the Activity Registration Book.
- a) Registration as Temporary Member**
A non- member who wishes to participate in a Club Activity must register as a “Temporary Member” for each separate activity. To register as a Temporary Member a person must sign the form titled “Acknowledgment of Risk and Application for Membership.” and sign the Activity Registration Book as a Temporary Member. Each Temporary Member must carry a completed medical form. A Temporary Member is covered by the same insurance policy as Members.
- b) Number of Club Activities permitted by a Temporary Member**
A person may undertake up to three (3) Club Activities in any twelve month period as a “Temporary Member”. If a person submits an “Application for Membership” they may continue to take part in activities as a Temporary Member until such time as the application is considered by the Committee. Extended overnight trips that require self-sufficiency are open to full club members only. Participation as a Temporary Member, in each daytime activity during a Club Camp will count towards the three allowable.
- 14) **Application for Membership:** Membership application form is completed after the 3 mandatory temporary member walks. The CoM will consider the application at the earliest opportunity when the applicant has completed at least three activities and paid the required fees to the Treasurer.
- 15) **Club Camps:** On a Club camp, each days Activity, during the camp, is considered a separate Activity and each participant must sign the Activity Registration Form. There will be no “sign-on’ for the overall camp. Travel to and from the camp location is not considered as part of the Camp.